



GADEN SAMDRUP LING TIBETAN BUDDHIST MONASTERY

2026 SPRING MEDICINE BUDDHA RETREAT

Resident teacher Ven. Geshe Kuten Lama leads the annual Spring Retreat, which features a blessing initiation for the Medicine Buddha. Kuten Lama will offer commentary on how to meditate and do the visualizations during the Medicine Buddha practice.

The Medicine Buddha also known as the Healing Buddha is embodiment of the healing powers of the all the Enlightened beings. This practice can help us to heal our physical and emotional sufferings, purify karma, live fuller life, and cultivate well being our ourself and all other sentient beings.

For those who wish to begin studying Buddhism, this is an excellent foundational practice to begin with.

Medicine Buddha Initiation - April 24 (Friday) 7 PM

Commentary on Medicine Buddha practice - April 25 (Saturday) 10 AM - 7 PM

- April 26 (Sunday) 10 AM - 4 PM

SCHEDULE (SUBJECT TO CHANGE)

Friday, 4/17

Registration..... 6 - 7 PM
Medicine Buddha Initiation..... 7 PM

Saturday, 4/18

Morning Prayers and Meditation..... 9 - 10 AM
Tea..... 10 - 10:30 AM
Teaching and practice..... 10:30 AM - 12:30 PM
Lunch..... 12:30 - 2 PM
Practice and mantra recitation..... 2 - 5 PM
Tea..... 5 - 5:30 PM
Evening practice..... 5:30 - 7 PM

Sunday, 4/26

Morning Prayers and Meditation..... 9 - 10 AM
Tea..... 10 - 10:30 AM
Teaching and practice..... 10:30 AM - 1:30 PM
Lunch..... 12:30 - 2 PM
Q & A..... 2 - 2:30 PM
Tea..... 2:30 PM
Thanksgiving practice..... 2:30 - 4:00 PM

2026 SPRING MEDICINE BUDDHA RETREAT

REGISTRATION FORM

Please indicate the dates you will attend:

Initiation ONLY (4/17)

Initiation and Commentary (4/18- 4/19)

All teachings are offered free of the charge. Support for the monastery is appreciated to cover related expenses such as food and utilities. A suggested donation for the weekend is \$125. This is not a requirement, and no one will be denied the opportunity to participate. Everyone is welcome.

RESERVATION:

To make a reservation for the Medicine Buddha Retreat, please fill out this form and, if possible, include a check for \$125 for each participant. *Make checks payable to: GSL Monastery.* Space is limited; participants will be registered on a first-come, first-served basis. Send registration to:

2026 Spring Retreat

GSL Monastery
3046 Pavlova Drive
Cincinnati OH 45251

Or register via the website, please visit <https://www.gslmonastery.org/spring-retreat-2026-april-17-19/>
Dorm-style rooms are available upon request.

If you have questions, please contact us via 513.385.7116 or send an e-mail to gsl@ganden.org

Contact Name: _____

E-mail Address 1: _____

E-mail Address 2: _____

Phone (W): _____ Phone (H): _____

Phone (Cell): _____ Please indicate an "emergency" number (ER)

Emergency Contact: _____ Phone: _____

Street Address: _____

City/State/Zip: _____

Housing (no. of beds needed): _____

Any special needs or wishes? (Food allergies, medical restrictions, etc.)

All information on this form will be held in the strictest confidence.